

OTTER TRAIL GUIDE

TIDES AUG 2024

DAY 1

HUT: Ngubu
DISTANCE: 4.8 km
TIME: 3.5 hours

NOTES:
Swim at the water-fall. The huts are not too much further so there is no rush to get there.

DAY 2

HUT: Scott
DISTANCE: 7.9 km
TIME: 5.5 hours

NOTES:
One of the toughest days. Don't miss Bloubaai beach - see Profile Map below.

DAY 3

HUT: Oakhurst
DISTANCE: 7.7 km
TIME: 5.5 hours

NOTES:
Keep costume and sandals close to hand for two river crossings.

DAY 4

HUT: Andre
DISTANCE: 13.8 km
TIME: 8 hours

NOTES:
Major river crossing at Bloukraans River*. See Profile Map below.

DAY 5

HUT: De Vasselot
DISTANCE: 8.8 km
TIME: 3 hours

NOTES:
Only one major climb left. Order the special Otter Drink at the restaurant at Natures Valley and you'll get a certificate too!

* Your starting time on the 4th day will depend on the time of low tide - this may be very early in the morning. You need to be at the Bloukraans half an hour either side of low tide. Crossing at high tide is exceptionally dangerous. It will take approximately 4.5 hours from Oakhurst to the Bloukraans (about 10 kilometers). If you are walking in the dark (the trail is well marked at this point if you do need to start walking before dawn) allow half an hour extra.

It is better to wait for the tide to soften than get there after it has started pushing in, resulting in the chance of having to take the escape route round. If you cannot cross the river then walk up the escape route shown on your Sanparks map, when you reach the top of the cliff call the ranger on duty and they will take you around and drop you at the top of the cliff about half an hour walk from the Andre huts.

Please note: This document is only intended to supplement your map and documents issued by Sanparks. The Tidal information is to be used as a **rough guide only**, it has not been officially verified and we do not accept any responsibility for incorrect tidal information or incidents that occur as a result of using this guide.

Day	Sunrise	Sunset	High Tide	High Tide	Low Tide	Low tide
1	0721	1748	0150	1434	0815	2038
2	0720	1749	0244	1517	0858	2119
3	0719	1749	0328	1554	0934	2153
4	0718	1750	0406	1627	1005	2224
5	0717	1751	0439	1657	1033	2253
6	0717	1752	0509	1725	1059	2320
7	0716	1752	0536	1751	1125	2348
8	0715	1753	0602	1818	1151	----
9	0714	1754	0628	1844	0016	1216
10	0713	1754	0655	1913	0046	1244
11	0712	1755	0725	1947	0118	1314
12	0711	1756	0803	2032	0157	1353
13	0710	1756	0859	2140	0248	1453
14	0709	1757	1057	2332	0414	1658
15	0708	1758	1311	----	0652	1907
16	0706	1758	0112	1405	0753	2002
17	0705	1759	0212	1448	0836	2047
18	0704	1800	0259	1529	0913	2127
19	0702	1800	0343	1608	0949	2207
20	0700	1801	0423	1647	1024	2247
21	0658	1802	0502	1725	1059	2326
22	0657	1803	0540	1803	1133	----
23	0656	1803	0616	1841	0005	1207
24	0655	1804	0653	1920	0044	1241
25	0653	1805	0731	2002	0124	1319
26	0652	1805	0815	2055	0208	1404
27	0651	1806	0921	2235	0305	1521
28	0650	1807	1234	----	0545	1857
29	0649	1808	0050	1347	0726	1958
30	0648	1808	0155	1430	0814	2037
31	0647	1809	0240	1505	0848	2108

THE OTTER TRAIL HEIGHT PROFILE

Thanks to Magnetic South (who organise the Otter Trail Run) for the use of this height profile. www.theotter.co.za

